



The Appleton School Parent Bulletin

Newsletter dated: 24.11.23

Key Dates

• 27-11-23-08-2-23

Y13 Exam week begins
(see the last page of
bulletin for revision
support)

Follow us on:

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School](#)

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[The Appleton
School](#)

House System

Congratulations to all pupils in Year 7, 8 and 9 for your achievement points that you have earned since the start of the academic year.



House	Grand Total
Austen	10599
Nightingale	9138
Tull	7569
Turing	9004
Grand Total	36110

Attendance & Achievement

How much does attendance impact on achievement and success?

The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

Attendance %	Achieve expected target grades.	You will only achieve your target grade in:
<80%	20%	2 of your subjects
80-84.9%	33%	3 of your subjects
85-89.9%	46%	4 of your subjects
		You will achieve your target grade in:
90-91.9%	53%	5 out of 9 subjects
92-95.9%	75%	7 out of 9 subjects
96%	84%	8 out of 9 subjects
97%	94%	9 out of 9 subjects



GENERAL NOTICES

Pride in Presentation

At The Appleton School we know how important it is for us all to take pride in the work we do. This applies to everybody in our school community, including students. This week we are reminding students of what it means to take pride in their work, and how keeping orderly, neat notes will help them to keep their learning organised and also support them with their revision in the future

Taking pride in our work...

Appleton's Presentation



MUSTs

1. Write the date and title at the top of your page and underline both with a ruler.
2. Write neatly in blue or black pen. Use a pencil for drawing.
3. Use a green pen to respond to feedback or mark your own work.
4. Use capital letters, full stops and correct punctuation in all written work.
5. Worksheets should be folded neatly and glued into your books.





Shout outs

Sports team results this week:

Year 7 Essex Cup Netball 13-3 Win v Greensward

First game and first win for our Year 7 girls basketball team over Shoebury High School. Well done to all involved

The Y8 Boys have progressed to the last 64 in the ESFA National Cup after beating Sydney Russell 3-2 last Friday, this is the furthest the school have progressed in the National Cup.

The U19 football team have also made a good start to the season and this week progressed to the ¼ final of the league after beating South Essex College 7-3.

Netball



13-3



Football



3-2



7-3





Safe guarding– BLACK FRIDAY AND CYBER MONDAY

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to have an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalonsafety.com for further guides, hints and tips for adults.

Top Tips for Safer Online Shopping on

BLACK FRIDAY AND CYBER MONDAY

Black Friday and Cyber Monday have become established as two of the year's biggest shopping events, giving consumers the opportunity to snap up a stash of stunning bargains. While this is generally good news, of course, the resultant retail frenzy can lead to people dropping their guard – especially online. In previous years, a seasonal surge in cyber-crime has seen schemes such as phishing emails and credit card scams being unleashed on unwary buyers. Our guide has some essential pointers on keeping your details – and your money – safe while you shop.

ENSURE A SITE'S SECURE

Before inputting sensitive information (like your card details) into a website, check that the site's secure. The key thing is to look for a padlock symbol in the address bar and check that the URL begins with "https://" – the "s" indicates that the web address has been encrypted with an SSL certificate. Without that, any data entered on the site could be intercepted by criminal third parties.

TRUST YOUR INSTINCTS

If a deal seems too good to be true, then it probably is, in especially wary if a site offering unbelievable discounts doesn't look professional (for example, if it's covered with pop-up adverts or it looks particularly outdated) – this often serves as a red flag that the seller might not be entirely trustworthy. Minimise risk by sticking with well-known, reputable retailers instead.

REVIEW BANK STATEMENTS

Even if you've followed all our tips, it's probably worth checking your next bank statement for any unusual transactions. Criminals know that on Black Friday and Cyber Monday, lots of people make numerous purchases online: they're hoping that any stolen money will get lost in the crowd of other transactions. If you see a payment or payee you can't identify, raise it with your bank straight away.

BEWARE OF SUSPICIOUS EMAILS

Black Friday and Cyber Monday often bring a significant spike in phishing emails, as criminals use the events' sense of urgency as cover for stealing personal information. Even if they look legitimate, be wary of emails requiring you to do something unusual or suspicious; providing your personal details in exchange for access to last-minute deals, for example, or clicking on a link to an unfamiliar site.

CHECK IT'S THE REAL DEAL

It's not just cybercriminals you need to be wary of. Research has shown that some online retailers increase the price of certain items in the weeks before Black Friday and Cyber Monday – enabling them to then advertise "discounts" (which, in reality, have simply restored the cost to normal levels). Use an online price comparison tool to verify whether these "reductions" truly equate to a saving.

MINIMISE MICROTRANSACTIONS

Black Friday and Cyber Monday promotions extend to digital items as well as physical ones. Some gaming companies will offer discounts on in-app and in-game microtransactions such as loot boxes. If you're concerned about how much your child might spend on these upgrades, you can restrict their ability to make purchases (via their device's settings) or remove any linked payment methods.

SET STURDY PASSWORDS

A strong, unique password is one of the most straightforward ways to protect yourself from cyber-crime. As most of us have multiple online shopping accounts, it can be tempting to use the same password for them all – but this puts your personal data at greater risk. You could try using a password manager to create a different, robust password for each online retailer that you visit.

DITCH THE DEBIT CARD

Where possible, it's safest to shop online with a credit card (as opposed to a debit card) because it offers additional protection. If a purchase is made fraudulently on your credit card, there's a fair chance of your bank reimbursing you. Should criminals obtain your debit card details, however, they could empty your account in moments – and it can be difficult to recover your money.

RESIST THE INFLUENCE

Recommendations from social media influencers are another thing to remain vigilant for on Black Friday and Cyber Monday. While many of these will be legitimate, remember that influencers are often paid to promote products – and to publicise deals that aren't quite as amazing as they might seem. Don't feel pressured into buying purely on their advice; look at everything with a critical eye.

TAKE CARE ON SOCIAL MEDIA

Social media scammers are more active on Black Friday and Cyber Monday, as they know people are hunting for deals online. These scammers tend to concentrate on platforms such as Facebook and Instagram, posting malicious links that can compromise shoppers' personal details. Other scammers, meanwhile, falsely advertise products in an attempt to trick users out of their hard-earned cash.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech-titled *The Register*, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonsafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.11.2023



PHSE

Parents and Carers,

As a part of your child's education at The Appleton School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. At our school, this is predominantly taught in CAPE (Citizenship, Achieving Personal Excellence) through a specialised team of tutors.

I am writing to let you know that, throughout the academic year, your child's class will have taken part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons will include: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. This will be approached in and with age-appropriate delivery. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.theappletonschool.org/subjects/citizenship-and-pshee-cpshee> for more detail about our PSHE curriculum. At the bottom of this page you can also click on the Edulink icon which will direct you to the year specific example materials that are used. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

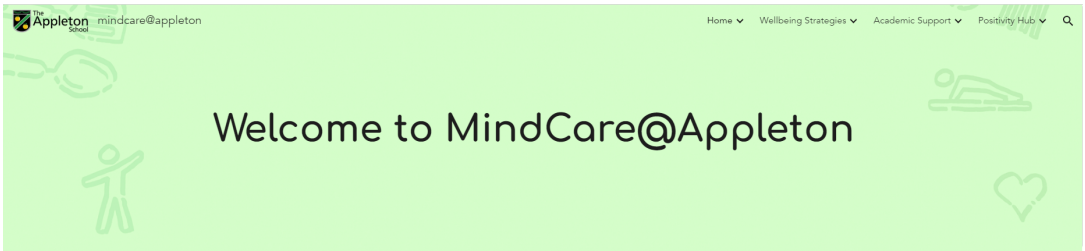
As a school community, we are committed to working in partnership with parents; recent parental and student feedback has indicated that the overwhelming majority of parents and pupils continue to be highly supportive of the relationships and sex education programme. We will also be shortly inviting all parents to further support us by completing a questionnaire about our CAPE provision.

Yours sincerely,

Ms Brown
cbrown@theappletonschool.org



Wellbeing and Mental Health



We are delighted to invite you to a special space dedicated entirely to your well-being and happiness – the Appleton MindCare Hub. This page has been thoughtfully crafted with your needs in mind, offering practical strategies and valuable resources to support your physical, emotional, and psychological well-being.

Here, you'll discover strategies, tips, and insights to cultivate a healthy and balanced lifestyle. Whether it's dealing with stress, managing emotions, or finding ways to stay active and positive, we've got you covered.

It's also a place to access essential resources and information shared for significant wellbeing events that matter to our Appleton community. Whether it's exam preparation, or wellness campaigns, you'll find timely updates and helpful resources right here.

Remember, your well-being is of utmost importance, and we are committed to providing you with the tools and knowledge you need to flourish. Together, let's make Appleton a place where every student shines brightly!

©

We are excited to launch the new MindCare@Appleton website, spearhead by Ms Sangha our Head of Wellbeing and support. This webpage is for our students to help their wellbeing and mental health, and it is informed by the results from the Student Surveys conducted last term.

Please click [here](#) to access it. students will need to log in using their school google accounts to access it.

At the Appleton School, your child's emotional wellbeing is important to us.

With the current situation in school, we understand that your child may be experiencing some anxiety, or have some worries adapting to some of the temporary changes we have had to make in school.

If, you feel your child may need some support with their wellbeing, or would benefit from further intervention, then please feel free to contact me at the following email address: info@theappletonschool.org where it can then be forwarded onto Mrs Benson.


Where appropriate, Mrs Benson will work with your child, either remotely or in person in order to support them. If necessary, Mrs Benson is able to signpost parents/carers to other members of staff or external organisations.

May we remind you that if you have any Safeguarding concerns, then these should be directed to the school Safeguarding Team, in accordance with the school's Safeguarding Policy. This information can be found on the school website.



Attendance

The Appleton School **Being In School, On Time Really Matters**



Did You Know... ?

If your attendance	You would miss	you are likely to achieve your target grade in
was 97%	5 days of school	9 out of 9 GCSEs
was 95%	9 days of school	7 out of 9 GCSEs
was 92%	15 days of school	5 out of 9 GCSEs
was 90%	19 days of school	4 out of 9 GCSEs
was 85%	29 days of school	3 out of 9 GCSEs

WE WANT YOU TO ACHIEVE YOUR BEST

Check your current attendance using the Edulink App

100% Attendance

The Appleton School **100%**

GOLDEN TICKET
for 100% attendance in the last week

This ticket allows the holder to skip the queue in the canteen or pod at breaktime and lunchtime for 1 week in recognition to their commitment to school

Awarded to: _____ Valid until _____

1 2 3 4 5 6 7 8 9 10

Did you know that all students with 100% attendance are entered into a weekly prize draw for a Golden Ticket to jump the queue at break and lunch?

And students with 100% attendance all term receive a special attendance award!



Absence

If your child is absence please use EDULINK to provide a reason for their absence and when to expect your child back., Or you can leave a message on the absence line option 1.



Anyone for Tennis ?

27TH DECEMBER

3RD JANUARY

KIDS HOLIDAY CAMPS
HADLEIGH PARK LAWN
TENNIS CLUB

Looking for an activity for your kids over the school holidays?

Why not join us and sign them up for a tennis camp?



10 AM - 2PM MINI RED & ORANGE (4-9 YEARS)

10AM - 2PM JUNIOR GREEN & YELLOW (10+ YEARS)

ONLY 12 SPACES PER GROUP

Prices:

Member - £20 per day

Non Member - £22 per day

For more information or to book a place, please contact Graham on
07745 943403



Recycle your Tree



Registered charity number 1149068

Recycle your Tree!

In aid of

Sponsored by

Hamelin Trust



Registration closes Thursday, 4th January, 2024



www.just-helping.org.uk/register-tree

After costs, Hamelin Trust receive 85% and up to 15% will be distributed by Just Helping to other local charities. More information on where your donation goes can be found on our website.

We will be collecting & recycling trees from the 10th to 12th January 2024.
Scan the QR code or visit our URL and enter your post code to register.



giftaid it





Subject Spotlight

WHY STUDY...

CONSTRUCTION

Check out some of the jobs you can do, the skills you'll develop and pathways available!



JOBS

Architect
 Bricklayer
 Building Surveyor
 Civil Engineer
 Construction Manager
 Drone Pilot
 Electrical Engineer
 Gas Service Technician
 Land Surveyor
 Mechanical Engineer
 Quantity Surveyor



RESOURCES, CAREERS
© RESOURCES, CAREERS

SKILLS



Practical



Teamwork



Problem Solving



Numeracy



Communication



Physical Fitness

PATHWAYS

APPRENTICESHIPS

- Acoustics Technician
- Architect
- Bricklayer
- Carpentry and Joinery
- Civil Engineering
- Construction Plant Operative
- Installation and Maintenance Electrician
- Landscape Technician
- Plumbing and Domestic Heating Technician

FURTHER EDUCATION

- A Level - Engineering
- A Level - Maths
- A Level - Design Technology
- T Level - Building Services Engineering for Construction
- T Level - Design, Surveying and Planning for Construction
- T Level - Oracle Construction
- BTCC - Construction and the Built Environment
- BTCC - Bricklaying / Plastering / Joinery
- BTCC - Civil / Mechanical / Electrical Engineering

HIGHER EDUCATION

- HND in Construction and the Built Environment
- BA (Hons) in Architecture
- BSc (Hons) in Construction Management
- BEng (Hons) in Civil Engineering
- BSc (Hons) in Building Control
- BSc (Hons) in Building Surveying
- BSc (Hons) in Building and Construction Engineering
- BSc (Hons) in Quantity Surveying

SCAN ME
TO FIND OUT MORE



Greater Essex
CAREERS HUB

THE CAREERS &
ENTERPRISE
COMPANY



Careers Newsletter

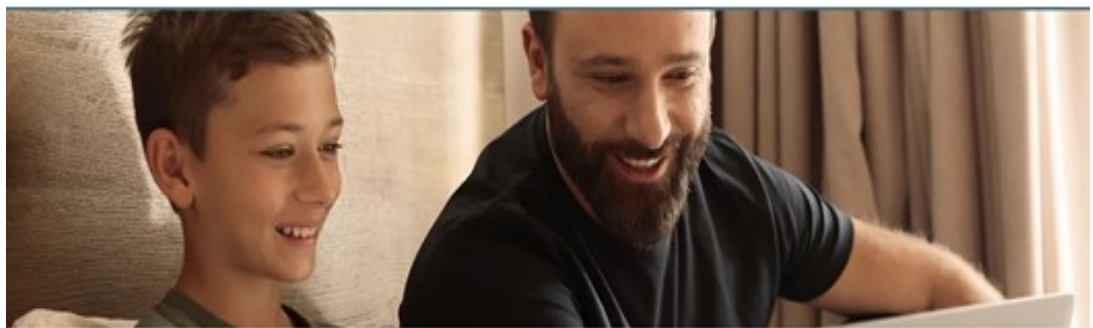
News Spotlight

The Parents' Guide to

Feel confident talking with your teen about their choices for the future

If you're a parent of a teen aged between 14 and 19, we're here for you with everything you need to know about options after GCSE or sixth form AND what you can do at home to improve your teen's wellbeing and help them with their studies.

Sign up to our parent newsletter and receive free support, advice and resources on how you can help your teenage children straight to your inbox. www.theparentsguideto.co.uk



Open Evenings

Palmer's Campus

9 November 2023
24 January 2024

Chadwell Road, Grays, Essex RM17 5TD

Seevic Campus

23 November 2023
31 January 2024

Runnymede Chase, Benfleet, Essex SS7 1TW



XTEND Digital Campus

7 December 2023
Meppel Avenue, Canvey Island, Essex SS9 9RZ

Open Evenings

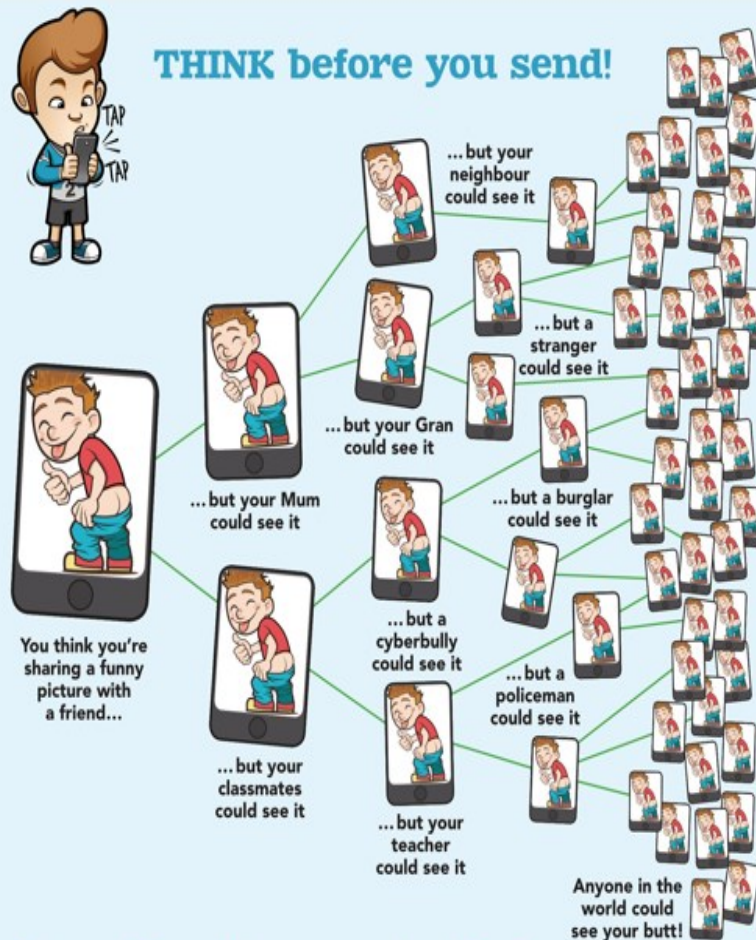


**SOUTHEND CITY COLLEGE
SOUTHEND CAMPUS**
Luker Road, Southend, SS1 1ND
Tuesday 3 October 2023 - 5-7pm
Thursday 16 November 2023 - 5-7pm
Tuesday 13 February 2024 - 5-7pm

**BASILDON COLLEGE
CENTRE FOR ADVANCED
ENGINEERING**
Luckyn Lane, Basildon, SS14 3AX
Thursday 30 November 2023 - 5-7pm
Wednesday 28 February 2024 - 5-7pm
Tuesday 14 May 2024 - 5-6.30pm



Parent Guides to Online Safety



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



**THE APPLETON
SCHOOL**

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Benfleet
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SS7 5RN

Phone:
01268 794215

Email:
info@theappletonschool.org

Website:
www.theappletonschool.org

Quick Links

[Edulink](#)

[ParentMail](#)

[Google Drive](#)

[Satchel One](#)

[Microsoft Teams](#)

[Never Acceptable](#)

Autumn Term Dates

Friday 20th October non pupil day

Monday 23rd October– 27th October Half Term

Wednesday 20th December last day of term

Spring Term Dates

Thursday 4th January 24 students return

Monday 19th February –23rd February Half Term

Friday 8th March non pupil day

Thursday 28th march last day of term

Summer Term Dates

Monday 15th April students return

Monday 6th May Bank Holiday

Monday 27th May-31st May Half Term

Friday 19th July last day of term

GCSE Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/students/revision-resources>

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/sixth-form/student-life/ks5-resources>